

Over six years ago I was suffering from tremendous pain in my right arm and shoulder. My arm and shoulder was so bad that it was in a position as if an invisible sling was on it. As I play the piano and organ at my church, I was in very bad shape with the very limited use of my arm. I had been seeing my doctor and she wanted to schedule me for shoulder surgery. I heard good things about a new massage guy working at the chiropractors office I went to. I decided to give him a try to see what he could do.

About the third session with Kris, he had given me some more range of motion and told me that he and the associate chiropractor had been talking and swapping notes and that he thought I had bursitis in the right shoulder area. He further stated that it was chronic bursitis (long term) and my shoulder was at the state that's called "frozen shoulder." Kris said he would move heaven and earth to help me, but that the sessions may be very uncomfortable. Because I allowed Kris to use non-traditional techniques it allowed him to improve his scope of therapeutic techniques and reduced my cost to a fair price, as my husband and I are both retired.

At this time my doctor wanted to prescribe me pain medication and muscle relaxers and schedule a date for the surgery. While I was present, Kris contacted my doctor via phone and informed him that he thought all my symptoms were exactly the symptoms of bursitis. When I went back to my doctor, he checked me out again and said, "He's right." The surgery was cancelled.

I continue to see Kris as needed and thank him because I am still able to play the piano and organ in my church! He thanks me because he has come across many, many people with bursitis and he still uses the same techniques he used to help me.

~Belva S.

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