

I was referred to Kris by a friend (Yvonne S.) I have had shoulder surgery and have had a torn rotator muscle/s which causes me great pain. After my initial visit with Kris, I was scheduled for physical therapy by my doctor for six visits. Kris had me come in once a week and worked with me utilizing massage skills, energy work and healing oils. He explained what he was doing, what he expected the results to be after each session and suggested different range of motion exercises to keep my shoulder joint open. At the end of my physical therapy sessions he worked on me two more times and increased my range of motion to the best it has been since the surgery and physical therapy. I would not hesitate to recommend any of my friends who have problems to see Kris.

~Laura

*January 2013*